

# Victims of Natural Disasters

**Pray that victims of natural disasters may get everything they need to rebuild their lives.**



We live in a beautiful world! God gave us blue skies, deep oceans, and a bright sun. He gave us white snow in winter and warm rain in spring to help plants grow. Even with such beauty all around us, sometimes bad things happen to our planet and the people living on it.

On the news we often hear stories about earthquakes, fires, droughts, floods, hurricanes, or tornadoes. Some disasters destroy homes. Others, like droughts, keep farmers from growing crops and feeding people. Sometimes big disasters happen with little warning, and people aren't always ready with emergency plans or supplies.

Why does God allow disasters to happen in the beautiful world He created? We don't have the answer to this question. We have to trust that God knows more than we do, and meanwhile, we have to take care of the people who are victims of all the disasters we hear about.

When big disasters happen, people around the world should be ready to help. Doctors and volunteers travel around the world to care for the sick and injured. Groups and families send supplies and money to the people in need. But the one thing people need that we can't put in a box and mail is prayer. Only God can bring peace to people who may have suddenly lost everything.

The Pope is asking for our prayers this month for all those people who need help because of disasters throughout the world. Some people need food or water. Some people have lost everything they own... even their homes. All of them need prayer.

## ***Think about it!***

- What is a disaster?
- Why does God allow disasters to happen?
- What do victims of disasters need?

# Emergency Kits



Being prepared for emergencies is very important! Print the following three pages and work with your mom and dad to make an emergency kit for your home.

Make sure everyone in the house knows where the emergency kit is. Then, if an emergency happens, you're ready!

# Our Family's Health and Contact Information

This information will help emergency workers care for your family in the event of an emergency. Use this page to write down important contact information for your family members and keep track of the important people and places involved in your emergency plan.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship (Father/Mother/Son/Daughter, etc.)

\_\_\_\_\_  
Relationship (Father/Mother/Son/Daughter, etc.)

\_\_\_\_\_  
Daytime Phone   Cell Phone

\_\_\_\_\_  
Daytime Phone   Cell Phone

\_\_\_\_\_  
Email

\_\_\_\_\_  
Email

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Medications

\_\_\_\_\_  
Medications

\_\_\_\_\_  
Allergies/Important Health Information

\_\_\_\_\_  
Allergies/Important Health Information

\_\_\_\_\_  
Name

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship (Father/Mother/Son/Daughter, etc.)

\_\_\_\_\_  
Relationship (Father/Mother/Son/Daughter, etc.)

\_\_\_\_\_  
Daytime Phone   Cell Phone

\_\_\_\_\_  
Daytime Phone   Cell Phone

\_\_\_\_\_  
Email

\_\_\_\_\_  
Email

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Medications

\_\_\_\_\_  
Medications

\_\_\_\_\_  
Allergies/Important Health Information

\_\_\_\_\_  
Allergies/Important Health Information

# Emergency Information

Call the out-of-town contact to help keep track of and connect your family members. Call the local contact if you need help with a task in your area.

## Out-of-Town Emergency Contact

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Daytime Phone    Cell Phone

\_\_\_\_\_  
Email

## Local Emergency Contact

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Daytime Phone    Cell Phone

\_\_\_\_\_  
Email

If parents/guardians cannot be located, please contact the following people on behalf of the child.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship to Child

\_\_\_\_\_  
Address

\_\_\_\_\_  
Daytime Phone    Cell Phone

\_\_\_\_\_  
Email

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship to Child

\_\_\_\_\_  
Address

\_\_\_\_\_  
Daytime Phone    Cell Phone

\_\_\_\_\_  
Email

## Emergency Meeting Place

\_\_\_\_\_  
Name of Location

\_\_\_\_\_  
Type of Establishment

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone Number

## Doctor/Insurance Information

\_\_\_\_\_  
Primary Care Physician

\_\_\_\_\_  
Primary Care Physician's Phone Number

\_\_\_\_\_  
Family Health Insurance Provider Name/Number

\_\_\_\_\_  
Policy Number

# Our Family's Emergency Kit

Create a family emergency kit. Use this checklist to think about what you might need in case of an emergency. As you add items to your kit, check them off the list. Then keep the kit in your home and let everyone in your family know where it is.

Remember to review your kit's contents regularly (for instance, whenever you check your smoke detectors) to make sure items such as your personal ID and medications are up-to-date.

## Recommended Items:

- 2 copies of your family emergency plan
- Personal identification for each family member
- \$20 minimum cash
- Extra copies of family health records, list of prescriptions, and insurance papers
- First aid kit and manual
- 3 gallons of water per person
- 3-day supply of ready-to-eat nonperishable foods and a manual can opener
- Battery-powered or hand-cranked radio
- Flashlight and extra batteries
- Tools (wrench or pliers) to turn off utilities
- Personal hygiene items
- 1 comfort item per child (a teddy bear or other toy)
- Pet supplies (food, water, leash)

## Additional Items to Consider:

- Whistle to signal for help
- Spare set of car and house keys
- Local maps
- Paper cups and plates, plastic utensils
- Blankets
- Moist towelettes and/or handwashing gel
- Plastic trash bags
- Change of clothing, rain gear, and shoes
- Additional kids' items (paper, crayons, books, games)
- Special items for infants (toys, snacks) and/or the elderly